



**Four Continents Championships**  
Seniors, Juniors – A-category competition



**Four Continents Trophy**  
– B-category competition, all age categories and all disciplines (not junior and women long program)



**Kazakhstan, Almaty, 22-24.11.2023**

**PRELIMINARY INVITATION**

**Kazakhstan Federation of Aesthetic Group Gymnastics have the pleasure to invite you to participate in IFAGG Four Continents Championships at 23-24.11.2023 in Almaty, Kazakhstan**

<b>SPORT</b>	AESTHETIC GROUP GYMNASTICS (AGG)
<b>DATE</b>	23 <sup>th</sup> – 24 <sup>th</sup> of November 2023
<b>COMPETITION VENUE</b>	<p>The Baluan Sholak Palace of Culture and Sports Kazakhstan, Almaty city, Abay ave., 44 (coner of Baytursynov str.) <a href="http://www.dvorecsporta.kz/">http://www.dvorecsporta.kz/</a></p>  
<b>HOST ORGANIZATION</b>	<p>LOCAL ORGANIZING COMMITTEE: Kazakhstan Federation of Aesthetic Group Gymnastics – KFAGG Website: <a href="http://www.kfagg.com">www.kfagg.com</a> E-mail: <a href="mailto:wch.almaty@gmail.com">wch.almaty@gmail.com</a> Contact persons: Aigerim Arpabayeva Tel. +7-775-555-52-13 Gulmira Bekenova +7-701-540-46-56 E-mail: <a href="mailto:wch.almaty@gmail.com">wch.almaty@gmail.com</a> IFAGG LIAISON: INTERNATIONAL FEDERATION OF AESTHETIC GROUP GYMNASTICS - IFAGG E-mail <a href="mailto:office@ifagg.com">office@ifagg.com</a> Website <a href="http://www.ifagg.com">www.ifagg.com</a></p>
<b>RULES AND REGULATIONS</b>	All participant has to follow the IFAGG rules and regulations. Please refer to the current IFAGG Technical Rules and Regulations
<b>DELEGATIONS INVITED</b>	KFAGG invites all IFAGG Members in good standing
<b>EVENT FORMAT</b>	<b>Only IFAGG members in good standing can register participating</b>

	<p><b>groups.</b> Only IFAGG members in good standing can register participating groups.</p> <p><b><u>Four Continents Championships</u></b></p> <p><b><u>WOMEN Category</u></b> – Long program NO LIMIT of Participating teams,12 in final competition, max 2 teams per country</p> <p><b><u>JUNIOR Category</u></b> – Long program NO LIMIT of Participating teams ,12 in final competition max 2 teams per country</p> <p><b><u>Four Continents Trophy</u></b></p> <p><b><u>WOMEN Category</u></b> – Short program, Mixed teams NO LIMIT of Participating teams,12 in final competition, max 2 teams per country</p> <p><b><u>JUNIOR Category</u></b> – Short program, Mixed teams NO LIMIT of Participating teams ,12 in final competition max 2 teams per country</p> <p><b><u>CHILDREN Category 12-14, 10-12, 8-10</u></b> – Long program, Short program, Mixed teams NO LIMIT of participating teams,12 in final competition, max. 2 teams per country</p> <p><b>All gymnasts and coaches must have a valid IFAGG license for 2023.</b></p>
<b>COMPETITION AREA</b>	Competition Carpet (Minimum 13 m x 13 m - interior of the line) on wooden floor
<b>TRAINING AREA</b>	2 carpets in warm up area 2 carpets behind the competition area
<b>ENTRY FEES</b>	<p>The non-reimbursable Entry fee is:</p> <p><b>Four Continents Championships</b> Team consists of 1-6 gymnasts and max. 2 Coaches 150€ Team consists of 7 or more gymnasts and max. 3 coaches 180€</p> <p><b>Four Continents Trophy</b> Team consists of 1-6 gymnasts and max. 2 Coaches 100€ Team consists of 7 or more gymnasts and max. 3 coaches 130€ Extra accreditation over the limit of group number is 40€ / delegate According to IFAGG rules the registration after deadline will be at additional charge of 100 € per group (to the LOC)</p> <p><b>OPEN Period</b> for making the payment in Bank account of LOC <b>October 10-24<sup>th</sup>, 2023.</b> After this period the application will be automatically deleted from system</p>
<b>PROVISIONAL SCHEDULE</b>	<p>Please note that this is only Provisional schedule and it is subject to change</p> <p>The Final program will be confirmed after the registration deadline <b><u>Tuesday November 21<sup>st</sup>, 2023</u></b></p> <ul style="list-style-type: none"> <li>• Arrival of delegations</li> </ul> <p><b><u>Wednesday November 22<sup>th</sup>, 2023</u></b></p> <ul style="list-style-type: none"> <li>• Arrival of delegations</li> <li>• Accreditation</li> <li>• Welcome meeting and DRAW (Four Continents Championships)</li> <li>• Official trainings (Four Continents Championships)</li> </ul> <p>NOTE: Organizer could provide additional training possibility if requested by teams for additional fee</p> <p><b><u>Thursday November 23<sup>th</sup>, 2023</u></b></p> <ul style="list-style-type: none"> <li>• Judges meeting</li> </ul>

	<ul style="list-style-type: none"> <li>• Opening ceremony</li> <li>• Preliminary competition (Four Continents Championships, Four Continents Trophy &amp; Almaty Cup)</li> <li>• DRAW FOR FINALS</li> </ul> <p><b><u>Friday November 24<sup>th</sup>, 2023</u></b></p> <ul style="list-style-type: none"> <li>• Judges meeting</li> <li>• Final competition (Four Continents Championships, Four Continents Trophy &amp; Almaty Cup)</li> <li>• AWARDING CEREMONY Four Continents Championships &amp; Four Continents Trophy</li> </ul> <p><b><u>Saturday November 25<sup>th</sup>,2023</u></b></p> <ul style="list-style-type: none"> <li>• Departure of delegations</li> </ul>
<b>JUDGES</b>	<p>Link for judges registration on IFAGG web page  <a href="https://www.ifagg.com/v1/page.php?n=54">https://www.ifagg.com/v1/page.php?n=54</a>  Only IFAGG members can do the judges registration  No additional registrations will be accepted after the registration deadline  Deadline: <b>October 23<sup>th</sup>,2023.</b>  All judges must have a valid IFAGG judges license for 2023 and comply with the IFAGG Code of Ethics for judges.  IFAGG nominates and confirms judges list after the deadline due.  IFAGG reserves the right to invite judges.  Delegations are responsible for all judges expenses (travel, accommodation and local transportation).  Judges registration for LOC accreditation (on KSIS) must be done ONLINE by IFAGG member only:  <a href="https://www.rgform.eu/event.php?id_prop=5478">https://www.rgform.eu/event.php?id_prop=5478</a></p>
<b>REGISTRATION</b>	<p>Only IFAGG members can register all delegation members.  ONLINE registration must be done at:  <a href="https://www.rgform.eu/event.php?id_prop=5478">https://www.rgform.eu/event.php?id_prop=5478</a>  Deadlines:  Preliminary registration – <b>September 24<sup>th</sup>, 2023</b>  Definitive registration – <b>October 24<sup>th</sup>, 2023</b></p>
<b>MUSIC</b>	<p>Music must be submitted in MP3 file format via  <a href="https://www.rgform.eu/event.php?id_prop=5478">https://www.rgform.eu/event.php?id_prop=5478</a>  Deadline: November 6<sup>th</sup>, 2023.  <b>Additional charge will be applied if not received by the deadline: 20€ per each music</b>  Files must be sent in with the following labelling:  <b>Name of the team/ country / competing category</b>  Example: Team Hope <b>COUNTRY</b> – Junior category  Team Hope <b>COUNTRY</b> – Women category  Team Hope <b>COUNTRY</b> – Senior Mix category  Team Hope <b>COUNTRY</b> – Junior Mix category</p>
<b>INSURANCE</b>	<p>The KFAGG and the IFAGG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.  The IFAGG Technical Regulations foresee that all participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.  The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p>
<b>MEDICAL SERVICES</b>	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p>
<b>ANTIDOPING</b>	<p>IFAGG Code of Discipline  It's a condition of participation in IFAGG's activities that gymnasts and their assistants and representatives will follow the national and</p>

	international doping rules. All gymnasts and their assistants and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on the WADA (World Anti-Doping Agency). <a href="https://www.wada-ama.org/">https://www.wada-ama.org/</a>
<b>PERSONAL DATA PROTECTION</b>	Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, rgform.eu online environment, competition's/federation's website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual materials (photos, videos) on which they might be displayed. In case the person is not consent with the previous, LOC and federation has to be informed in written form by the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event. (registering via rgform.eu or onsite).
<b>ACCREDITATION</b>	The Delegation will be accredited upon their arrival During the accreditation Heads of Delegations are required to: <ul style="list-style-type: none"> <li>• the correct names spelling of their entire delegation;</li> <li>• make passport control of all gymnasts</li> <li>• proof of medical insurance of all delegation members</li> <li>• make music check control</li> <li>• submit personal data protection declaration</li> <li>• make any necessary payments</li> </ul>
<b>VISA INVITATION</b>	All delegations requiring Visa must complete the visa request form and send it to LOC (form could be found in KSIS) The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as the city the visa application support letter must be sent to.
<b>ACCOMMODATION SUGGESTIONS</b>	The proposal of the hotels can be found on the KSIS <a href="https://www.rgform.eu/event.php?id_prop=5478">https://www.rgform.eu/event.php?id_prop=5478</a> with accommodation application to send to: <a href="mailto:wch.almaty@gmail.com">wch.almaty@gmail.com</a> <b>NOTE: Delegation are FREE to choose their own accommodation outside LOC suggested hotels.</b>
<b>INTERNATIONAL TRANSPORTATION</b>	Travel costs are responsibility of each delegation. Airport transportation Deadline: September 26, 2023. ONLINE registration must be done at: KSIS Link 1st Asian Championship Airport and Local Transportations will be provided only for the delegation members who have booked their hotel accommodation through the LOC. Please book your flight ticket between your local airport and Almaty International Airport (ALA). Alternative transportation for delegation members that are not staying at the official accommodation. LOC is not responsible for making arrangements Airport Taxis. Additional information: <ul style="list-style-type: none"> <li>• It takes 50 min from the ALA airport by car to the venue.</li> </ul> The Travel Schedule form must be returned to the LOC online by date November 01 <sup>st</sup> , 2023.
<b>LOCAL TRANSPORTATION</b>	Shuttles will be offered to you, with financial participation. - Airport Transfers Almaty Airport / Hotels. The request must be made to the organization by email: <a href="mailto:wch.almaty@gmail.com">wch.almaty@gmail.com</a> You will receive a price proposal <b>Local transportation request form must be returned to LOC online by date November 01<sup>st</sup>, 2023.</b>
<b>MEALS INFO</b>	Meals request form must be returned to LOC online by date November 01 <sup>st</sup> , 2023.

	More information will be announced in in a future bulletin																																		
<b>TICKETS</b>	<b>Coming soon</b> Tickets purchase request form must be returned to LOC online by date November 01 <sup>st</sup> , 2023.																																		
<b>DEADLINES SUMMARY</b>	<table border="1"> <tr> <td>Accommodation application <b>FORM</b></td> <td><b>October 1<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Preliminary entry-<b>ONLINE</b></td> <td><b>September 24<sup>th</sup>, 2023</b></td> </tr> <tr> <td>Visa Request <b>FORM</b></td> <td><b>September 1<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Travel Plane <b>FORM</b></td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Payment for accommodation</td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Extra training application <b>FORM</b></td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Judges' registration – <b>ONLINE</b></td> <td><b>October 1<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Definitive Registration – <b>ONLINE</b></td> <td><b>October 24<sup>th</sup>, 2023</b></td> </tr> <tr> <td>Music – <b>ONLINE</b></td> <td><b>November 6<sup>th</sup>, 2023</b></td> </tr> <tr> <td>Meals <b>FORM</b></td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Video Order <b>FORM</b></td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Background <b>FORM</b></td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Payment of participation fee to LOC</td> <td><b>October 10-24<sup>th</sup>, 2023</b></td> </tr> <tr> <td>Payment from extra training hours</td> <td><b>November 7<sup>th</sup>, 2023</b></td> </tr> <tr> <td>Payment of the local transportation</td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Payment of the Meals</td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> <tr> <td>Payment of the Banquet/ GALA</td> <td><b>November 01<sup>st</sup>, 2023</b></td> </tr> </table>	Accommodation application <b>FORM</b>	<b>October 1<sup>st</sup>, 2023</b>	Preliminary entry- <b>ONLINE</b>	<b>September 24<sup>th</sup>, 2023</b>	Visa Request <b>FORM</b>	<b>September 1<sup>st</sup>, 2023</b>	Travel Plane <b>FORM</b>	<b>November 01<sup>st</sup>, 2023</b>	Payment for accommodation	<b>November 01<sup>st</sup>, 2023</b>	Extra training application <b>FORM</b>	<b>November 01<sup>st</sup>, 2023</b>	Judges' registration – <b>ONLINE</b>	<b>October 1<sup>st</sup>, 2023</b>	Definitive Registration – <b>ONLINE</b>	<b>October 24<sup>th</sup>, 2023</b>	Music – <b>ONLINE</b>	<b>November 6<sup>th</sup>, 2023</b>	Meals <b>FORM</b>	<b>November 01<sup>st</sup>, 2023</b>	Video Order <b>FORM</b>	<b>November 01<sup>st</sup>, 2023</b>	Background <b>FORM</b>	<b>November 01<sup>st</sup>, 2023</b>	Payment of participation fee to LOC	<b>October 10-24<sup>th</sup>, 2023</b>	Payment from extra training hours	<b>November 7<sup>th</sup>, 2023</b>	Payment of the local transportation	<b>November 01<sup>st</sup>, 2023</b>	Payment of the Meals	<b>November 01<sup>st</sup>, 2023</b>	Payment of the Banquet/ GALA	<b>November 01<sup>st</sup>, 2023</b>
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<b>PAYMENT-BANK ACCOUNT INFORMATION</b>	All delegations will receive by mail invoices from LOC for all expenses with following bank information and payment deadline in each invoice. <b>Correspondent Bank in EUR:</b> Beneficiary: Kazakhstan Federation of Aesthetic Group Gymnastic Address: 3-36 Dostyk str., Astana, Kazakhstan Bank: JSC HALYK BANK Address: 32 Kabanbay Batyr ave., Astana, Kazakhstan SWIFT/BIC: HSBKKZKX IBAN: KZ446017111000015198																																		
<b>EVENT SOCIAL MEDIA</b>	web page: <a href="http://www.kfagg.com">www.kfagg.com</a> Instagram account: kfagg_kz Official hashtags: coming soon Live-stream: coming soon																																		
<b>ADDITIONAL INFORMATION</b>	NB! The LOC reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.																																		

Sincerely Yours,

Ms. Madina Bekturganova  
President of Kazakhstan Federation  
of Aesthetic Group Gymnastics

Approved by Council of IFAGG