

ASIA INTERNATIONAL AGG COACH COURSE LEVEL 2
in Hong Kong
June 16-19, 2024

Time	Sunday June 16	Monday June 17	Tuesday June 18	Wednesday June 19
09:00 – 13:00 4h	<p>Registration 8:30-09:00</p> <p>Opening remarks Outline of AGG 09:00-10:00</p> <p>Children Long Program TV: Theory & Video Analysis 10:00-13:00</p>	<p>Video-analysis for all categories, work with panels Unification of criteria with the judges course participants 10:00-11:30</p>	<p>Music and Choreography 10:00-11:30</p> <p>Movement session: Body movement technique, body movements series, acrobat movement, lift and dance steps in Children Long Program 11:30-13:00</p>	<p>Group work in choreography prepare for exam 10:00-12:00</p> <p>Practical Examination (Routine) Max 5 min. per group 12:00-13:00</p>
13:00 – 14:00	LUNCH			
14:00 – 16:00 2h	<p>Children Long Program AV: Theory & Video Analysis</p>	<p>Special lecture: Physiology for the art sports and how to avoid injuries during the performance or activities with Professor Mayumi Kuno-Mizumura (JPN) 14:00-18:00</p>	<p>Movement session: Jumps/Leaps, balances, Jump/Leap or balance series and combined series in Children Long Program</p>	<p>Theory Examination 14:00-14:30</p> <p>Practical Examination (Skills) 15:00-16:00</p>
16:30 – 18:30 2h	<p>New rule for Mixed Temas webinar</p>		<p>Group work in choreography prepare for exam</p>	

**Please wear suitable sports attire during the course*

**Course is according to Children Long Program rules*