



Hong Kong Cup  
AGG Open  
Invitation Championships



## **INVITATION**

**2024 Hong Kong Cup Open  
Invitation Championships**

**2024 Asia Cup III**

**in Hong Kong-**

**9 October – 13 October, 2024**


**IFAGG B-Category competition**



**2024 IFAGG INTERNATIONAL  
AESTHETIC GROUP GYMNASTICS  
Hong Kong Cup Open  
Invitation Championships – 2024 Asia Cup III  
IFAGG B – Category Competition in Hong Kong**

Dear IFAGG members,

We are very pleased to inform that we will hold 2024 Hong Kong Cup Open Invitation Championships – Asia Cup III in Hong Kong. We would like to invite you to the IFAGG competition in Hong Kong!!

<b>SPORT</b>	<b>AESTHETIC GROUP GYMNASTICS (AGG)</b>
<b>DATE</b>	<b>9 October – 13 October, 2024</b>
<b>COMPETITION VENUE</b>	<p><b>Tsuen Wan Sports Centre</b> Address: <b>53 Wing Shun Street Tsuen Wan, N.T., Hong Kong</b></p> 
<b>HOST ORGANIZATION</b>	<p><b>LOCAL ORGANIZER: Hong Kong, China Federation Of Aesthetic Group Gymnastics (HKAGG) IFAGG A-member</b> Contact person: <b>Organization Committee</b></p>

	<p>Tel: <b>+852 59246804</b>  E-mail: <a href="mailto:hkagg.info@gmail.com">hkagg.info@gmail.com</a></p> <p>IFAGG LIAISON:  INTERNATIONAL FEDERATION OF AESTHETIC GROUP  GYMNASTICS - IFAGGE-mail <a href="mailto:office@ifagg.com">office@ifagg.com</a>  Website <a href="http://www.ifagg.com">www.ifagg.com</a></p>
<b>RULES AND REGULATIONS</b>	All participants have to follow the IFAGG rules and regulations. Please refer to the current IFAGG Technical Rules and Regulations
<b>DELEGATIONS INVITED</b>	Hong Kong, China Federation Of Aesthetic Group Gymnastics HKAGG will invites all IFAGG members in good standing
<b>EVENT FORMAT</b>	<p><b>Only IFAGG members in good standing can register participating groups.</b></p> <p><b>Category:</b>  1. All category in Short Program  2. All category in Long Program</p> <p><b>Age Group:</b>  Children 6-8  Children 8-10  Children 10-12  Children 12-14  Junior  Senior</p> <p>-No limit of participating entry  -All teams are possible to go for finals if there are less than 10 teams in the category</p> <p><b>Note! All gymnasts and coaches must have a valid IFAGG license for 2024.</b></p> <p>The organizing committee reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.</p>
<b>COMPETITION CARPET</b>	Competition Carpet <i>13m X 13m interior of the line</i>
<b>TRAINING AREA</b>	There will be a warm up zone in a separated hall; 2 13m X 13m carpets in warm up Hall and 1 extra warm up carpet in warm up Hall; 1 carpet behind the competition area
<b>ENTRY FEES</b>	<p>The non-reimbursable Entry fee is:</p> <ul style="list-style-type: none"> <li>• A group consisting of 1-6 nominated gymnasts and a maximum of 2 coaches is EUR 100/group</li> <li>• A group consisting of 7 or more nominated gymnasts and a maximum of 3 coaches is EUR 130/group</li> <li>• Each team could have max 1 doctor and 1 other delegate.</li> <li>• Extra accreditation over the limit of group number is 20€ per delegate.</li> <li>• <b><u>Deadline for definitive registration: 7<sup>th</sup> September, 2024.</u></b></li> </ul>

	<p><b>Points to note:</b></p> <ul style="list-style-type: none"> <li>✓ Please note the additional charge for the group registrations after the deadline is EUR 100 per group (to the LOC).</li> <li>✓ The organizer will send you the invoice after the deadline. <u>Please settle the payment in invoiced Hong Kong Dollars (HKD).</u></li> <li>✓ The <u>participating Delegation</u> is responsible for <b><u>covering all bank fees</u></b> in connection with the bank transfers.</li> <li>✓ The entry fee is <b>NON-REFUNDABLE.</b></li> </ul>
<p><b>PROVISIONAL SCHEDULE</b></p>	<p>Please note that this is only Provisional schedule, and it is subject to Change.</p> <p>The Final program will be confirmed after the registration deadline.</p> <p><b>PROVISIONAL SCHEDULE (SUBJECT TO CHANGE):</b></p> <p><b>DAY 1</b>  <b>WEDNESDAY, OCT 9, 2024</b></p> <ul style="list-style-type: none"> <li>○ ARRIVAL OF DELEGATIONS</li> <li>○ ACCREDITATION for Hong Kong Cup Open AGG</li> <li>○ Welcome meeting</li> <li>○ Podium training by request with extra fee</li> </ul> <p><b>DAY 2</b>  <b>THURSDAY, OCT 10, 2024</b></p> <ul style="list-style-type: none"> <li>○ JUDGES MEETING</li> <li>○ Preliminary Competitions Hong Kong Cup Open AGG</li> <li>○ DRAWS for the FINAL of the Hong Kong Cup Open AGG</li> </ul> <p><b>DAY 3</b>  <b>FRIDAY, OCT 11, 2024</b></p> <ul style="list-style-type: none"> <li>○ JUDGES MEETING</li> <li>○ Final Competition Hong Kong Cup Open AGG</li> <li>○ AWARDING CEREMONY</li> </ul> <p><b>DAY 4</b>  <b>SATURDAY, OCT 12, 2024</b></p> <ul style="list-style-type: none"> <li>○ Preliminary competitions for World Cup &amp; Challenge Cup Final</li> </ul> <p><b>DAY 5 SUNDAY, OCT 13, 2024</b></p> <p><b>MORNING</b></p> <ul style="list-style-type: none"> <li>○ Final competitions for World Cup &amp; Challenge Cup Final</li> </ul> <p><b>EVENING:</b></p> <ul style="list-style-type: none"> <li>○ Possibility of Victoria Harbor Cruise Trip Banquet</li> <li>○ DEPARTURE OF DELEGATIONS</li> </ul> <p><u>*NOTE: OC could provide sight-seeing transportation possibility at own cost if requested. please contact LOC for details.</u></p>

<p><b>JUDGES</b></p>	<p>Judges' list will be confirmed by IFAGG. Judges' proposals must be done on IFAGG registration via <u>both IFAGG website and KSIS</u>. Only IFAGG members can do the judges registration</p> <p>IFAGG: <a href="https://ifagg.com/v1/page.php?n=54">https://ifagg.com/v1/page.php?n=54</a></p> <p>KSIS: <a href="https://www.rgform.eu/event.php?id_prop=6951">https://www.rgform.eu/event.php?id_prop=6951</a></p> <p>No additional registrations will be accepted after the registration deadline Deadline: <b>7 AUGUST 2024</b></p> <ul style="list-style-type: none"> <li>• All judges must have a valid IFAGG judges license for 2024 and comply with the IFAGG Code of Ethics for judges.</li> <li>• <b>National judges (25 Euro/national judge for Hoika registration) are welcome to registration and priority will be given to international judges.</b></li> <li>• IFAGG nominates and confirms judges list after the deadline.</li> <li>• IFAGG reserves the right to invite judges.</li> <li>• Delegations are responsible for all judges' expenses (travel, accommodation and local transportation).</li> </ul>
<p><b>REGISTRATION</b></p>	<p><b>Only IFAGG members can register all delegation members.</b> <b>ONLINE registration must be done at:</b> <a href="https://www.rgform.eu/event.php?id_prop=6951">https://www.rgform.eu/event.php?id_prop=6951</a> Deadlines: <b>7 August 2024</b> Preliminary registration – <b>7 August 2024</b> Definitive registration – <b>7 September 2024</b></p>
<p><b>MUSIC</b></p>	<p>Music must be submitted in MP3 file format <b>via</b> <a href="https://www.rgform.eu/event.php?id_prop=6951">https://www.rgform.eu/event.php?id_prop=6951</a> Deadline: <b>16 September 2024</b></p> <p><b>Additional charge will be applied if not received by the deadline: 20 EUR per each music</b></p> <p>Files must be sent in with the following labeling: <b>Name of the team/ country / competing category</b>Example: Team Hope_<b>COUNTRY</b>_Women cateroy Team Hope_<b>COUNTRY</b>_Junior category</p>
<p><b>INSURANCE</b></p>	<p>The HKAGG, the IFAGG and all co-organizers and sponsors will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The IFAGG Technical Regulations foresee that all participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p>

<b>MEDICAL SERVICES</b>	The Local Organizing Committee will provide a first medical aid service and emergency medical transportation in the competition area.
<b>ANTIDOPING</b>	<p>IFAGG Code of Discipline</p> <p>It's a condition of participation in IFAGG's activities that gymnasts and their assistants and representatives will follow the national and international doping rules. All gymnasts and their assistants and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on the WADA(World Anti-Doping Agency).</p> <p><a href="https://www.wada-ama.org/">https://www.wada-ama.org/</a></p>
<b>PERSONAL DATA PROTECTION</b>	<p>Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, rgform.eu online environment, competition's/federation's website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual materials (photos, videos) on which they might be displayed. In case the person is not consent with the previous, LOC and federation has to be informed in written form by the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event. <i>(Details will be announced soon).</i></p>
<b>ACCREDITATION</b>	<p>The Delegation will be accredited upon their arrival</p> <p><b>During the accreditation Heads of Delegations are required to:</b></p> <ul style="list-style-type: none"> <li>• the correct names spelling of their entire delegation</li> <li>• make passport control of all gymnasts</li> <li>• proof of medical insurance of all delegation members</li> <li>• make music check control</li> <li>• submit national anthem</li> <li>• submit personal data protection declaration</li> <li>• make any necessary payments</li> </ul>
<b>VISA INVITATION</b>	<p>All delegations requiring Visa must complete the visa request form and send it to LOC (form could be found in KSIS at <a href="https://www.rgform.eu/event.php?id_prop=6951">https://www.rgform.eu/event.php?id_prop=6951</a> )</p> <p><b>The deadline of VISA request: 7 August, 2024</b></p> <ul style="list-style-type: none"> <li>• The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as the city the visa application support letter must be sent to.</li> <li>• Please send photo copy of all passport to LOC by Email</li> </ul>

<b>ACCOMMODATION RECOMMENDATION</b>	<p><b>5 stars hotels package</b> (5-minute walk from hotel to the Venue) <b>Option:</b> 4 nights plan 9/10 - 13/10</p> <p>Including rooms + time scheduled shuttle bus service from Airport to Hotel (round-trip)</p> <p>All accommodation recommendation details can be found on the attached Accommodation package document on the KSIS system.</p> <p><i>As October includes the China National Day Celebration events and Global Sourcing Expo, the availability of rooms in official hotels is limited. We recommend contacting us at your earliest convenience to secure your accommodation.</i></p>																			
<b>INTERNATIONAL TRANSPORTATION</b>	<p>Travel costs are the responsibility of each delegation. The Travel Schedule form must be filled out on the KSIS system by 7<sup>th</sup> September 2024.</p>																			
<b>LOCAL TRANSPORTATION</b>	<p>It is only 5-10 minutes' walk from suggested accommodation to the venue; time scheduled shuttle bus service from Airport to Hotel (round-trip) is only inclusive in accommodation package.</p> <p>No other shuttle bus service from Airport to Hotel (round-trip) will be arranged for teams that do not follow accommodation package.</p>																			
<b>MEALS INFO</b>	<p>There are 4 different shopping malls surrounded the competition venue with only 5-10 minutes' walk. Participants can go to restaurants there.</p>																			
<b>BANQUET</b>	<p>There will be a Victoria Harbor Cruise Trip Banquet and further information will be released by LOC in details with cost soon.</p>																			
<b>TICKETS</b>	<p><b>-In next bulletin</b></p>																			
<b>DEADLINES SUMMARY</b>	<table border="1"> <tr> <td>Accommodation application <b>Form</b></td> <td><b>2<sup>nd</sup> August 2024</b></td> </tr> <tr> <td>Preliminary entry-<b>ONLINE</b></td> <td><b>7<sup>th</sup> August 2024</b></td> </tr> <tr> <td>Visa Request <b>FORM</b></td> <td><b>7<sup>th</sup> August 2024</b></td> </tr> <tr> <td>Extra training application <b>FORM</b></td> <td><b>TBC</b></td> </tr> <tr> <td>Judges registration – <b>ONLINE</b></td> <td><b>7<sup>th</sup> September 2024</b></td> </tr> <tr> <td>Definitive Registration – <b>ONLINE</b></td> <td><b>7<sup>th</sup> September 2024</b></td> </tr> <tr> <td>Payment of participation fee to LOC</td> <td><b>7<sup>th</sup> September 2024</b></td> </tr> <tr> <td>Music – <b>ONLINE</b></td> <td><b>16<sup>th</sup> September 2024</b></td> </tr> <tr> <td></td> <td></td> </tr> </table>	Accommodation application <b>Form</b>	<b>2<sup>nd</sup> August 2024</b>	Preliminary entry- <b>ONLINE</b>	<b>7<sup>th</sup> August 2024</b>	Visa Request <b>FORM</b>	<b>7<sup>th</sup> August 2024</b>	Extra training application <b>FORM</b>	<b>TBC</b>	Judges registration – <b>ONLINE</b>	<b>7<sup>th</sup> September 2024</b>	Definitive Registration – <b>ONLINE</b>	<b>7<sup>th</sup> September 2024</b>	Payment of participation fee to LOC	<b>7<sup>th</sup> September 2024</b>	Music – <b>ONLINE</b>	<b>16<sup>th</sup> September 2024</b>			
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<b>PAYMENT BANK ACCOUNT INFORMATION</b>	<p>All delegations will receive by mail invoices from LOC for all expenses with bank information and payment deadline in each invoice.</p> <p>The participating delegations are responsible for covering ALL bank fees in connection with the back transfers for the competition.</p>
<b>EVENT SOCIAL MEDIA</b>	<p>All information on the competition will be published on KSIS and LOC official website.</p> <p>Instagram of HKAGG: <a href="#">HKAGG IG</a>  Facebook of HKAGG: <a href="#">HKAGG FB</a>  Official Website: <a href="http://www.hkagg.org">www.hkagg.org</a></p>
<b>ADDITIONAL INFORMATION</b>	<p>The LOC reserves the right to make any further changes, the right of final interpretation and decision.</p>

Yours Sincerely,  
Dr. Yolanda Ng, President of LOC  
Hong Kong, China Federation of Aesthetic Group Gymnastics





*Appendix for your stay in Hong Kong*

Hong Kong is a city that offers myriad possibilities and experiences. Go from ancient temples to glistening skyscrapers, then dip into bustling city markets before decamping to seaside villages. You may find below some images from Hong Kong.

Hope you enjoy your stay!



Climb the steps up to the Big Buddha



Gaze across Hong Kong and Kowloon from The Peak



Take in the Hong Kong skyline from all angles



Get on the Victoria Harbor Cruise Trip Banquet!



And many more to explore!