



# PLAN OF ACTION

## 2025

General Assembly 14.10.2024

Hong Kong

## **International Federation of Aesthetic Group Gymnastics, IFAGG**

IFAGG is a non-profit international federation, and it has been properly and legally registered as such. Its mission and purpose are strictly to advance the sport of Aesthetic Group Gymnastics (AGG). IFAGG is the supreme authority on all matters relating to International Aesthetic Group Gymnastics.

The objects of the IFAGG are:

- The promotion, development and organization of Aesthetic Group Gymnastics world-wide.
- Encourage friendly relations between all AGG gymnasts, officials and other persons and entities involved.
- To conform with and respect the general principles and rules of the international sport movement.

IFAGG:

- Represents International Aesthetic Group Gymnastics activities solely to all partners, such as public authorities, media and other exclusively.
- Act as the supreme authority on all matters relating to international Aesthetic Group Gymnastics.

The further tasks of IFAGG shall among others be:

- To commission and supervise World Championships, other IFAGG competitions and AGG international competitions in all recognized disciplines of Aesthetic Group Gymnastics. Details shall be governed by the IFAGG regulations.
- To draw up universal rules and guidelines for sport of Aesthetic Group Gymnastics and to supervise their proper application.
- To maintain cordial relations with other international sports organizations and represent the interests of IFAGG and the sport of Aesthetic Group Gymnastics in its dealings with them.

### **GENERAL PLAN OF ACTION 2025**

The year 2025 IFAGG celebrates its 22<sup>ND</sup> year of activities. For this period IFAGG has members in 6 continents and total 48 countries which develop the sport AGG. The ambition for AGG Federation is to be recognized by the International Olympic Committee and to become a member of the highest sport organizations. Many steps have already been taken and IFAGG is closer to achieve this important strategical mission.

The IFAGG will continue to work following democratic principle of leading the Federation, will prevent any discrimination against a country, or an individual, or group of people for reasons of race, skin colour, ethnic, national or social origin, religion or politics, gender, sexual orientation, or any other status, opinion or reason.

Three years ago, IFAGG started active investment in development process and the Federation will continue the development of IFAGG by spreading the sport and supporting IFAGG members in all levels.



## Education

Education for IFAGG members will remain a top priority in 2025. Key initiatives will include organizing courses for beginner judges, advanced technical courses, and training on the new rules for Mixed teams, which will come into effect in January 2025.

AGG coach education will also see significant improvement, alongside continued management seminars for IFAGG members and ongoing consultations. Additionally, IFAGG plans to develop a program of specialized seminars focused on training, competition organizing, organizing the work of federations, documentation processes, among other essential areas.

IFAGG recognizes the importance of supporting members to make their work more efficient, effective, and successful. We believe that by providing more opportunities for knowledge acquisition and accessible information across various fields, IFAGG will grow stronger and become a more dynamic and engaging organization.

## Developing the Competition and Education Systems

The development of both competition and education systems will remain a key priority for IFAGG. In 2025, IFAGG will focus on the following actions:

- Expanding and diversifying the competition calendar to meet the interests of all continents. Organizers of A-category competitions are also encouraged to host B-category events simultaneously.
- Supporting separate B-category competitions to provide more opportunities for promoting AGG in host countries and neighbouring regions.
- Educating IFAGG members on how to effectively organize and host competitions.
- Increasing the involvement of volunteers in IFAGG activities, creating more opportunities and visibility for a larger number of people, and boosting participation at the international level.
- Expanding the IFAGG event calendar with more competitions on each continent, along

with additional educational courses for coaches and judges. This includes introducing the new rules for Mixed teams, which will take effect in 2025.

- Upgrading the educational system for judges starting in 2025, making it easier, more accessible, and more effective for new judges and countries to integrate into AGG.
- Supporting the organizing of educational events, such as courses, camps, workshops, and seminars, for IFAGG members at both the international and national levels.
- Initiating the development of an "Educational Coaches System" to enhance coaching skills and knowledge.

Additionally, IFAGG will continue to oversee the development and implementation of new competition rules, including rules for short programs, Mixed teams, and children's categories, with new rules for children set to take effect in 2026.

### **Spreading the sport of AGG**

IFAGG recognizes the importance of making Aesthetic Group Gymnastics (AGG) more popular within member countries and encouraging new nations to join the IFAGG community. A promotion plan that began in 2022, through a special IFAGG Educational and Development Project, aims to grow the sport and increase membership in the federation. This initiative will continue into 2025, focusing on educating IFAGG members while promoting and expanding the reach of AGG.

Our goal is to raise the visibility of IFAGG competitions, events, and activities by not only utilizing social media and the IFAGG website but also by partnering with international sports magazines, TV channels, and sports networks. Additional promotion strategies on the agenda for the Promotional Committee include:

- Increasing social media exposure through platforms like Facebook and Instagram
- Launching an official IFAGG YouTube channel
- Creating podcasts on platforms like Spotify and radio stations
- Participating in international sports forums and conferences
- Combining AGG competitions with other gymnastics events and competitions

### ***Ethical and Anti-Doping Work***

In 2025, IFAGG will continue to develop its ethical and anti-doping initiatives. This includes creating and approving several key documents such as the IFAGG Regulations, Financial Policy, Judges Disciplinary and Warning Regulations, and the Judges' Code of Ethics.

### ***Engagement with Global Sports Organizations***

An important part of IFAGG's work is maintaining active involvement with world sports organizations, ensuring that AGG is represented and integrated into the broader global sports community.

### **Interaction with international organizations**

- IFAGG has already co-operation with EUSA (European University Sports Association) and IFAGG's aim is to develop connection with FISU (International University Sport Federation). AGG as students' sport offers a possibility to spread the sport.

www.fisu.net.en.

- IFAGG Council plans to prepare a work plan and start implementing it for interaction with universities in 2025, which will include contacts, speeches, holding seminars, scientific and advertising AGG conferences based on universities, other tasks and will also create a committee of athletes.
- IFAGG plan to start working with CSIT-International Workers and Amateurs in Sports Confederation from 2025.
- WADA- IFAGG Council continuation of activities on interaction issues, control over compliance conditions of fair sport and informing IFAGG members about the list of prohibited drugs
- IOC – on interaction and work on conditions of recognition by IOC.

### **Visibility and transparency in IFAGG administration work.**

IFAGG will continue to use the registration system “HOIKA” (CRM – customer relationship management) for the year 2025. All members have been already registered in 2023 and all instructions were given by office staff and published on the IFAGG web page.

IFAGG web page [www.ifagg.com](http://www.ifagg.com) is the only official channel for:

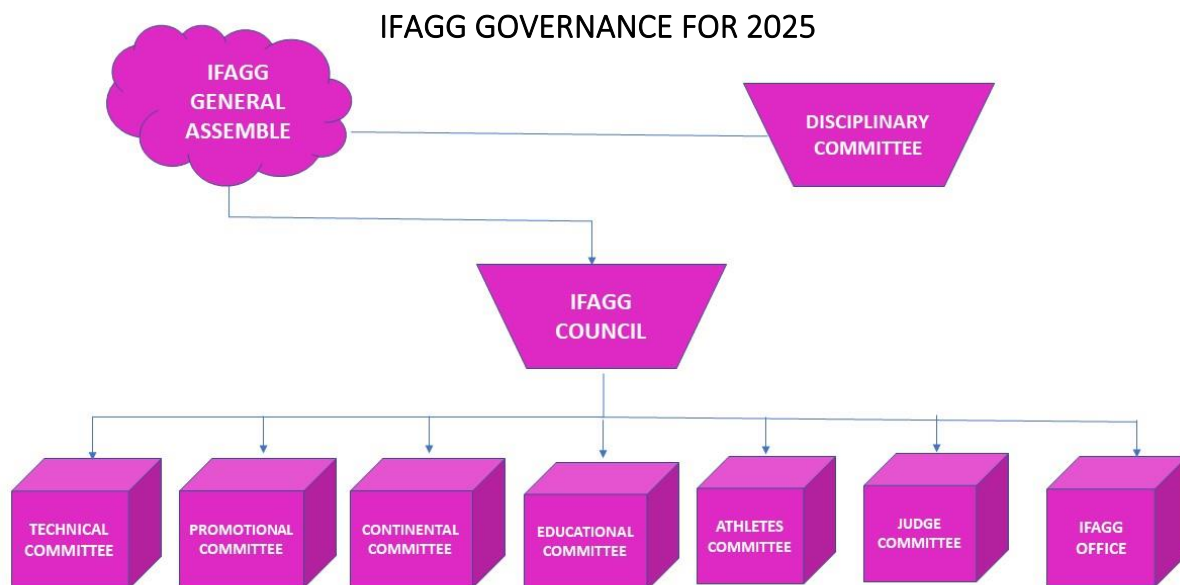
- Registration to all IFAGG sanctioned competitions and events.
- For publishing Newsletters, Council decisions.
- Publishing all documents after their approval, publishing all rules, regulations, news and other important information.

This system was established at the initiative of Council members following the 2022 General Assembly. IFAGG will continue to provide its members with transparent, accessible, and easily available access to all IFAGG materials.

For 2025 IFAGG aims to provide:

- A new online judging registration system on the IFAGG website, where all licensed judges can maintain their database.
- Easier options for members to register for all IFAGG events, including competitions, webinars, courses, and educational activities.
- Educational administrative support to help members better understand the registration systems and work more efficiently.
- Educational materials for coaches and gymnasts.

## IFAGG Governance

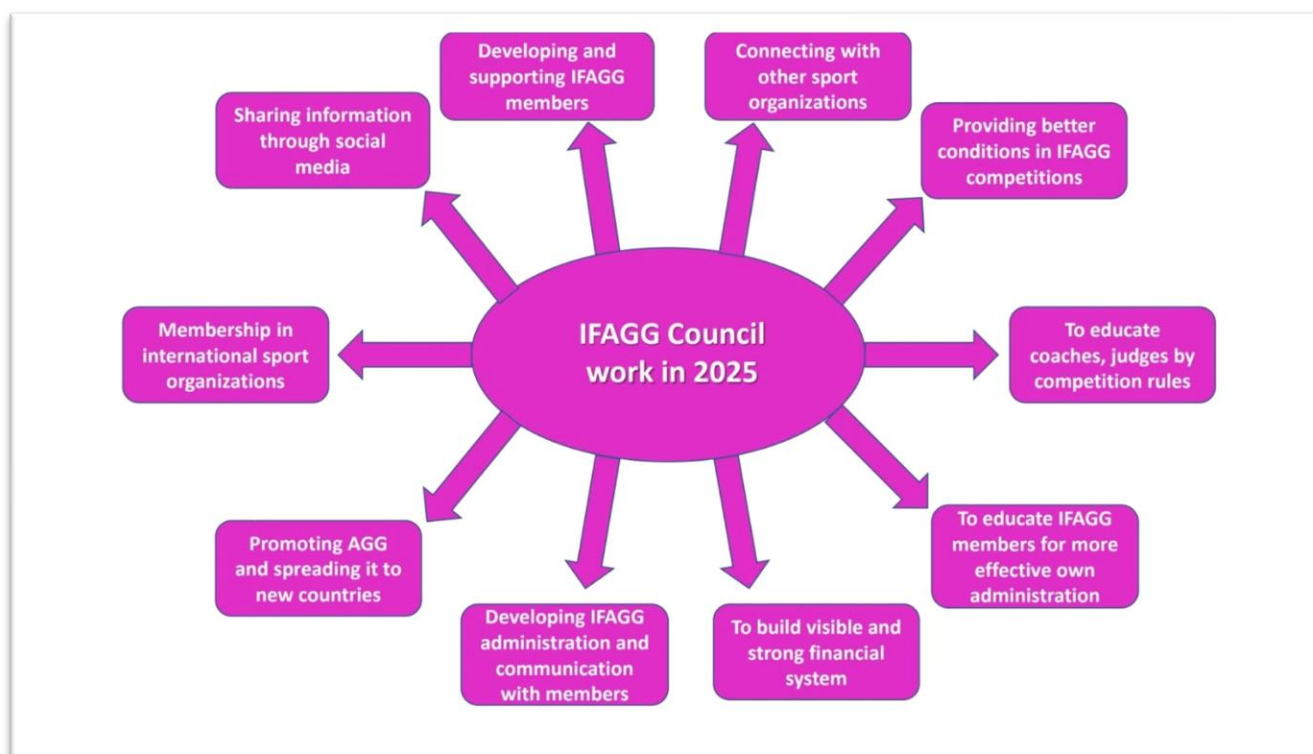


### ***The IFAGG General Assembly***

The General Assembly consists of all IFAGG Ordinary members (A members), and Club members (B members) and it is the supreme body the IFAGG. Members have the right to be represented there. General Assembly will take place annually and 2025 it will be held in Serbia, June 2025. Council of IFAGG is elected by the General Assembly. Council will lead IFAGG between General Assemblies.

### ***IFAGG Council***

***IFAGG Council will continue the main work on the development and promotion of AGG in the World***



The Council shall lead the IFAGG between General Assemblies. It organises its own work in accordance with the Statutes and the decisions of General Assembly.

Council consists of 9 members elected by General Assembly

President

Two Vice Presidents

Six Council members

IFAGG Council plan of action is to expand its IFAGG member training program in many areas. Priority areas will be related to the education program, control over the work on new rules, as well as the implementation of interaction tasks. The IFAGG Council will create temporary working groups to help the committees to solve specific tasks set by the General Assembly.

In 2024, the IFAGG Council held monthly meetings and maintained daily communication among all members. Its work, decisions, and actions were transparent and effective. In 2025, the Council will continue to operate with the same level of dedication, ensuring that the actions of IFAGG are carried out by all Council members. Each Council member will also have specific responsibilities and tasks assigned to them, contributing to the overall progress of the federation.

The IFAGG Administrative Coordinator is the only salaried employee. Since the IFAGG office is located in Finland, the current Administrative Coordinator resides in Finland and is paid in accordance with Finnish financial policies and regulations. The Council defines the tasks, duties, and responsibilities of the Administrative Coordinator, while the IFAGG President oversees their work to ensure that Council directives are implemented. By decision of the Council, the Administrative Coordinator is also responsible for keeping meeting minutes, handling necessary business travel, managing social media communications, and collaborating with the IFAGG website coordinator. Oversight of the Administrative Coordinator's office work in Helsinki, including invoicing and payments, is managed by the IFAGG Secretary General.

Each Council member has an active role and specific responsibility in areas critical to the development of IFAGG. This collective effort allows for faster, more efficient work and ensures greater transparency in governance. As in 2024, all Council decisions will be shared with IFAGG members through "Info Letters" and published on the IFAGG website.

The website will continue to be a key resource, providing even more valuable information for IFAGG members and attracting new members through its expanded capabilities in 2024.

In 2025, the IFAGG Council will begin exploring the requirements for AGG's participation in two major global sporting events: the University Games and the World Games—both significant platforms for non-Olympic sports.

### ***Disciplinary committee***

In 2025, the Disciplinary Committee will continue the work that began in 2024. The creation of this mandatory body was approved by the IFAGG General Assembly during its 2022 meeting in Graz, Austria. In 2023, the General Assembly elected the Chairperson of the committee, and the IFAGG Council appointed four additional members.

Disciplinary committee is authorized to investigate and sanction any breach of IFAGG Statutes and IFAGG Regulations. The committee is working with:

- Providing guidance/advice from an ethical viewpoint.
- Review, develop and prepare the disciplinary rules and related documents of IFAGG, e.g. Code of Ethics.
- Cooperate with the Council on IFAGG legislation and ethical and relevant matters.

## **IFAGG Committees of 2025**

The following committees nominated by IFAGG Council will continue to work in 2025.

### ***Technical committee***

IFAGG Technical committee (TC) will continue working in same composition as 2024 – 7 TC members and 1 Responsible person from IFAGG Council.

In 2025 TC will start the preparation of first ever new rules for Children, their presentation and education over this rules.

The main tasks to TC in 2025 will be focused over:

- Education of IFAGG judges and coaches in connection with the new Competition Rules, Junior and women categories.
- Evaluation of the new Competition Rules, Junior and women categories and updating the rules.
- Education of IFAGG judges and coaches in connection with the Rules for Mixed teams.
- Education of IFAGG judges and coaches in connection with the new Rules Children.
- Updating Short program rules for the period 2026-2027

### ***Promotional committee***

Promotion committee consists of 4 members and 1 Responsible person from IFAGG Council. The members in the PC are from 4 different continents and they were elected to lead the promotional work of IFAGG.

In 2022, IFAGG began developing a strategy for the future, initiated by the IFAGG Vice President. The growth of the International AGG Federation will depend on the collective efforts of all IFAGG members and committees to expand and promote the sport globally. The Promotional Committee (PC), in collaboration with the Council, will prepare a plan for special events and materials aimed at attracting sponsors. This includes the implementation of a global advertising project to promote IFAGG, raise funds, and create a sponsorship package. Many steps still need to be taken to make our sport more popular.





The project of “Development and education of IFAGG” was started in 2022-2024 to promote and spread the sport of AGG. The main idea of the Project is:

- Develop and spread the sport AGG.
- Increase the number of participating teams in World Championships and Junior World Championships.
- Increase the number of teams and gymnasts in national and international level.
- Educate coaches, judges and gymnasts on all levels.

IFAGG members can apply to participate the development program for 2025 in the following areas:

- Organizing and holding training camps.
- Making a choreography to Women or Junior team.
- Organizing National Seminar/Judges course/Coaches course/Workshop.
- Administration help.
- Support of organizing and hosting National championships.

NEW actions for PC in 2025

- Program for developing American continents and countries Latin America.
- Advertising IFAGG worldwide and raising funds for activities.

### ***Asian committee***

The Asian committee (AC) was approved by the IFAGG Council on the initiative of IFAGG President. The activity of the Asian Committee started in 2023. Similar continental committees can be set up on each continent with enough IFAGG members and enough number of countries. The main purpose of the Asian Committee is to develop the sport of AGG in the Asian continent. AC has continental calendar of competitions, seminars, events etc. for the year 2025. AC will continue to make suggestions and proposals to improve the work of IFAGG and engage in the development of the sport in accordance with regional characteristics and requirements.

### ***Judge committee***

The Judges committee (JC) was created in 2023, and it consists of 6 members and 1 Responsible person for the IFAGG Council.

The main tasks of JC in 2025 will focus on:

- Starting the new IFAGG Judges' license system.
- Introducing and implementing the new Judges Code of Conduct.
- Introducing the new Judges' register.
- Updating judges' code of ethics, judges' warning procedure.
- Interacting with Technical committee on organizing educational programs and courses for judges.
- Preparing analysis of judges work during and after competitions.

### ***Athletes committee***

In the beginning of 2025 IFAGG Council will select members to the very needed Athletes committee (AC). AC will consist of 3-5-7 AGG athletes from different continents, selected according to criteria.

AC members will be able to participate in the meetings of various committees and working groups, to make proposals for the development of AGG and to help with promoting IFAGG.

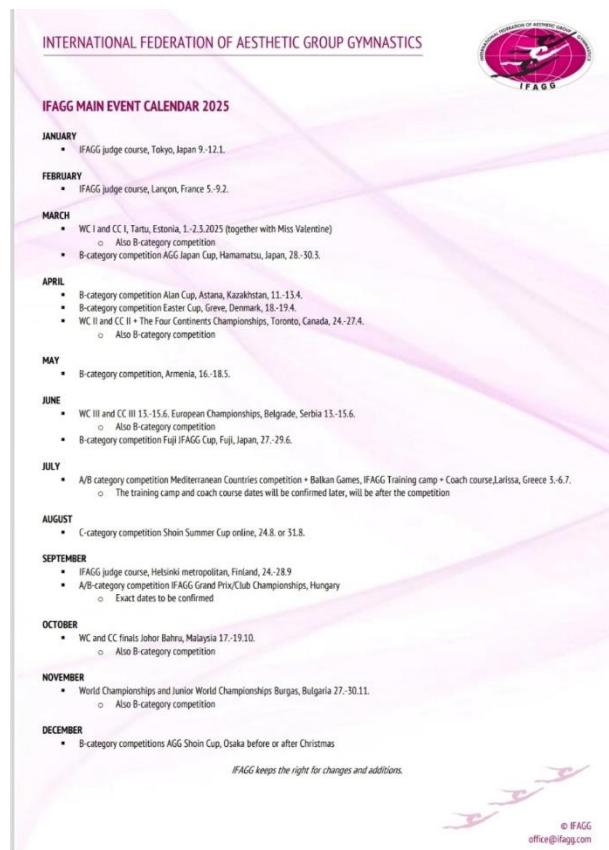
***Working groups (in some necessary areas)***

If needed IFAGG Council will establish Working groups and new committees for more productive work

## IFAGG calendar of competitions and events for 2025

In 2025 IFAGG will have a new country, the member from Serbia, to host one of the most important IFAGG's competitions, the European Championships. IFAGG will return to the American continent for the World Cup II, when the Canadian federation will host the competition in Toronto. In these IFAGG sanctioned competitions, IFAGG will make monitoring of all necessary actions according organizing of those events and will mentor the organizers of all IFAGG events.

### COMPETITION and EVENTS CALENDAR 2025



The poster features a pink and white abstract background with the IFAGG logo in the top right corner. The text is organized by month, listing various international and regional competitions, including judge courses, World Cup events, and continental championships. A disclaimer at the bottom states 'IFAGG keeps the right for changes and additions.' and the contact email 'office@ifagg.com' is provided.

INTERNATIONAL FEDERATION OF AESTHETIC GROUP GYMNASTICS

**IFAGG MAIN EVENT CALENDAR 2025**

**JANUARY**

- IFAGG judge course, Tokyo, Japan 9-12.1.

**FEBRUARY**

- IFAGG judge course, Larcion, France 5-9.2.

**MARCH**

- WC I and CC I, Tartu, Estonia, 1-2.3.2025 (together with Miss Valentine)
  - Also B-category competition
- B-category competition AGG Japan Cup, Hamamatsu, Japan, 28-30.3.

**APRIL**

- B-category competition Alan Cup, Astana, Kazakhstan, 11-13.4.
- B-category competition Easter Cup, Greve, Denmark, 18-19.4.
- WC II and CC II • The Four Continents Championships, Toronto, Canada, 24-27.4.
  - Also B-category competition

**MAY**

- B-category competition, Armenia, 16-18.5.

**JUNE**

- WC III and CC III 13-15.6. European Championships, Belgrade, Serbia 13-15.6.
  - Also B-category competition
- B-category competition Fuji IFAGG Cup, Fuji, Japan, 27-29.6.

**JULY**

- A/B category competition Mediterranean Countries competition • Balkan Games, IFAGG Training camp • Coach course, Larissa, Greece 3-6.7.
  - The training camp and coach course dates will be confirmed later, will be after the competition

**AUGUST**

- C-category competition Shoin Summer Cup online, 24.8. or 31.8.

**SEPTEMBER**

- IFAGG judge course, Helsinki metropolitan, Finland, 24-28.9
- A/B-category competition IFAGG Grand Prix/Club Championships, Hungary
  - Exact dates to be confirmed

**OCTOBER**

- WC and CC finals Johor Bahru, Malaysia 17-19.10.
  - Also B-category competition

**NOVEMBER**

- World Championships and Junior World Championships Burgas, Bulgaria 27-30.11.
  - Also B-category competition

**DECEMBER**

- B-category competitions AGG Shoin Cup, Osaka before or after Christmas

*IFAGG keeps the right for changes and additions.*

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### COMPETITION SYSTEM 2025

- World Championships
- Junior World Championships
- Continental championships
- IFAGG Championships
- World Cup and Challenge Cup
- Four Continents Competition
- IFAGG Trophy
- Pan-American tournament
- Asia-Pacific tournament
- Mediterranean Competition
- Balkan games
- University teams / Students' competitions
- International tournaments

## *IFAGG COMPETITION CATEGORIES 2025*

- Senior Category: gymnasts 16 years and over
- University students: gymnasts 17 years and over
- Junior Category: gymnasts between 14–16 years
- Children category 12–14: gymnasts between 12–14 years
- Children category 10–12: gymnasts between 10–12 years
- Children category 8–10: gymnasts between 8–10 years

## **FINANCES**

### **IFAGG Budget 2025**

Operating budget must be kept in balance.

IFAGG finances base is built over membership fees. The main incomes are licenses, membership fees, participation and organization fees.

In 2025 IFAGG will prepare a program and special promotional materials for the sponsorship package and begin implementation to attract sponsors.