



## EXECUTION (EXE) – SHORT PROGRAM (JUNIOR/WOMEN, CHILDREN)

Maximum points of the execution are 10.00

Requirements and types of mistakes	Deduction per mistake (each time/each element, unless otherwise specified)		
	Minor: -0.1	Medium: -0.2	Major: -0.3
<b>Posture and supporting line, healthy aspects</b>	- incorrect supporting line (e.g. position of the supporting leg (in balances) or shoulders and hips not in line) - poor posture - heavy ending of the lift	- body control lost during or in ending of the lift	- landing from jump/leap while still in back bending - in a lift, clearly poor posture/supporting line by lifting gymnasts
<b>Basic gymnastics technique</b>	- insufficient extension - difference in execution between gymnasts - lack of fluency/continuity - lack of lightness	-	-
<b>Loss of balance</b> (in any movement):	with unnecessary movement (each time/gymnast)	with unnecessary hop (each time/gymnast)	With one support on hand, foot or other part of the body (each time/gymnast)
<b>Unity</b>	- lack of synchronization - imprecise planes, levels or directions - inaccuracy between movement and rhythm of the music - inaccuracy in formations	-	-
<b>Collision between gymnasts</b>	- execution is not or is slightly disturbed	- execution is clearly disturbed for 1 gymnast	- execution is clearly disturbed for 2 or more gymnasts
<b>Physical characteristics:</b> - lack in some area (flexibility, coordination, strength, speed, muscle control or endurance.) during the whole program	slight lack (team/each area)	clear lack (1-2 gymnasts/each area)	clear lack (team/each area)

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	Minor: -0.1	Medium: -0.2	Major: -0.3
<b>Body movements:</b> - incorrect technique - characteristics not shown for basic body movements	Small mistakes in technique of an element	Partly incorrect technique of an element	Totally incorrect technique of an element
<b>Jumps and leaps:</b> - incorrect technique - characteristics not shown (shape not fixed, low elevation, poor body control, heavy landing)			
<b>Balances:</b> - incorrect technique - characteristics not shown (shape not fixed, insufficient amplitude, poor body control, insufficient rotation)			

<b>Total fall (two or more supports) in any movement</b>	-0.4 each gymnast/ each time
<b>Lift fails</b>	- lift fails: -0.5 each time - gymnast(s) fall to the floor from lift: -0.5 each time
<b>AGG technique:</b> - lack of total AGG technique	-0.3 whole program

**Penalty by Judge Responsible**

- 0.50 for each missing or additional gymnast
- 0.10 for each gymnast each time for crossing the borderline