



Technical Value Children (age category 12-14)

Team _____

Country _____

Required Elements	Max	
Body Movements		
1 total body wave	0.2	
1 total body swing	0.2	
1 bending	0.2	
1 relaxation	0.2	
1 lean or lunge	0.2	
1 twisting	0.2	
1 contraction	0.2	
2 BM A-series	0.3 0.3	
2 BM B-series	0.4 0.4	
Total	2.8	
Balances		
2 balances	0.2 0.2	
1 balances series	0.3	
Jumps or Leaps		
2 jumps / leaps	0.2 0.2	
1 jumps / leaps series	0.3	
Steps, skips, hops		
1 series combined with another movement group	0.3	
1 acrobatic movement	0.2	
Flexibility movements		
front - R	0.1	
front - L	0.1	
back	0.1	
Combined series		
3 different series	0.3 0.3 0.3	
Maximum	5.9	
FINAL JUDGE' SCORE		
Bonus (proposal)	+ 0.1	

Bonus: *The elements correspond excellently to the level of skills and age of the gymnasts*