

Technical Committee greetings for IFAGG members

The year 2025 started and the TC members would like to wish you all the best in coming year.

This year TC is preparing new rules for children's categories long program, which will be valid from 1.1.2026. We would like to inform you well in advance about the upcoming changes. Technical Committee is planning a first webinar during the spring to introduce you the basic concept of the rules. Before the summer season we would like to prepare the final version of the rules.

New rules for mixed teams were issued last year. During this year TC would like to prepare the appendix with clarification of the elements specific for mixed teams.

In order to make competition rules of all categories clearer for everyone, TC prepared updated version of these rules. For your convenience, here is a summary of the changes that have been made to the rules.

1. GENERAL

- The height of the bun must not exceed 10 cm.
- It is not allowed to use any type of jewellery.
- The gymnasts must not damage the competition area by using any types of materials that can transfer into the competition area (hair dyes, make-up, dress color etc.).

LP Junior & Women	1.6.2. Hair and Make-up	p. 6
LP Mixed Team	1.7.2. Hair and make-up	p. 5
LP Children	1.6.2. Hair	p. 7
	1.6.3. Make-up	p. 8
SP Children and Junior & Women	1.6.2. Hair and Make-up	p. 5

2. TECHNICAL VALUE

2.1.1. Balances

- Only the first two balances starting with the hand/s support on the floor will be evaluated as technical elements.

LP Junior & Women Balances starting with hand/s support on the floor p. 10

LP Mixed Team Balances starting with hand/s support on the floor p.12

- Balance will not be counted as a difficulty when having the following mistakes...

LP Junior & Women p. 11

LP Mixed Team p. 13

2.1.2. Jumps and Leaps

- The shape and elevation during the flight of the jump/leap determine if the jump is considered as a technical element.

LP Junior & Women Clarifications to Jumps and Leaps p. 12

LP Mixed Team Clarifications to Jumps and Leaps p. 14

- Only the first three jumps/leaps with the same body movement will be evaluated as technical elements.
- Only the first two jumps/leaps landing on the floor with support of other body part than foot/feet will be evaluated as technical elements.

LP Junior & Women Jumps/Leaps with body movements p. 14

LP Mixed Team Jumps/Leaps with body movements p. 16

- Jumps or leaps will not be counted as a difficulty when having the following mistakes...

LP Junior & Women p. 15

LP Mixed Team p. 17



4. EXECUTION

4.2.1. Execution deduction table

- Mistakes in technique of an element done by 1 gymnast -0,1
- Mistakes in technique of an element done by 2 gymnasts -0,2
- Mistakes in technique of an element done by 3 or more gymnasts -0,3

LP Junior & Women	p. 35
LP Mixed Team	p. 44
LP Children	p. 27
SP Children and Junior & Women	p. 21

6. SCORING THE POINTS

6.2. Calculation of the partial scores

- Panel of 4 judges:
 - The highest and the lowest scores will be eliminated and the average of the two middle scores is the partial score.
 - The difference between middle scores taken into account must not be greater than 0,4 in AV-A & AV-B
 - The difference between middle scores taken into account must not be greater than 0,5 in TV & EXE
- Panel of 3 judges:
 - The average of all scores will be calculated and the result is the partial score.
 - The difference of all scores must not be greater than 0,4 in AV-A & AV-B
 - The difference of all scores must not be greater than 0,5 in TV & EXE

LP Junior & Women	p. 39
LP Mixed Team	p. 48
LP Children	p. 32
SP Children and Junior & Women	p. 25

APPENDIX

2.5. Exceptions and specific techniques for jumps and leaps

- Split shape: minimum of 135° amplitude is required. In all levels of split jump/leap, the front leg must be at 90° independently of the amplitude of the shape.
- Stag shape: minimum of 135° amplitude is required. In case executed correctly with minimum amplitude, the jump will be counted also in AV-B for bilaterality criteria. In all levels of stag jump/leap, the front leg must be at 90°, independently of the amplitude of the shape.

LP Juniors & Women	p. 13
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